

LAKE PLEASANT REGIONAL PARK MONTHLY PROGRAMS

PARK HOURS:

Open 24 hours - 365 days a year

NATURE CENTER HOURS:

Monday - Sunday: 10 a.m. – 5 p.m.

NOTE: Nature Center closed for renovations beginning February 2, 2015. Project is anticipated to last until Fall 2015.

ADMIN. OFFICE HOURS:

Monday – Friday: 8 a.m. – 4 p.m.

PARK FEES:

Day-use vehicle entry fee: \$6
Per motorized watercraft: \$4
Per non-motorized watercraft: \$2
Developed campsites: \$30 per night
Semi-developed campsites: \$20 per night
Shoreline camping: \$12 per night

ONLINE RESERVATIONS:

<http://www.maricopacountyparks.org/>

WEBSITE:

http://www.maricopa.gov/parks/lake_pleasant/

DIRECTIONS:

From central Phoenix, take I-17 north to Carefree Highway (SR 74). Exit Carefree Hwy. and travel west 15 miles to Castle Hot Spring Road at mile post 19. Travel north to Lake Pleasant Regional Park entrance.



Maricopa County

Parks and Recreation Dept.
Lake Pleasant Regional Park
41835 N. Castle Hot Springs Rd.
Morristown, AZ 85342
Entry Station: 1 (928) 501-1710
Fax: (602) 372-7465
lakepleasant@mail.maricopa.gov



JANUARY

FEATURED PROGRAMS

First of the "Get Fit with a Lake View" Fitness Hike Series – Roadrunner Trail

Date: 1/2/2015 **Time:** 9 a.m.

Description: Join the ranger for a moderate hike on this scenic trail. This hike is two miles. Wear good hiking shoes, bring water and a snack. We will be hiking around 1.5 hours. This hike will start at the visitor center parking area. There are restrooms and water at the trailhead and along the hike. Call the ranger if you have any questions about this hike, or just show up.

Core: Health & Fitness

Sunset and Full Moon Hike to Yavapai Point Lookout

Date: 1/3/2015 **Time:** 5 p.m.

Description: Here is your chance to hike one of the most scenic trails in the park and see the lake under moonlight. From this trail we will see most of the lake and fantastic views of the park. We will meet at the Cottonwood Day Use Area / North Pipeline Canyon Trailhead. We will be hiking the Yavapai Point Trail which is a moderate 3 mile round trip to see the lake by moon light. Wear good hiking shoes, bring water and a snack. The ranger will see you at the North Pipeline Canyon Trailhead / Cottonwood Day Use Area for a scenic adventure!

Core: Health & Fitness

Arizona Reptiles, Live!

Date: 1/17/2015 **Time:** 2 p.m.

Description: Come see and learn about a variety of reptiles you might find in the desert. Volunteers from Arizona Game and Fish Department will be on hand to help answer your questions. Stop by and see some real live critters that make the desert their home, anytime between 2PM and 4PM at the Lake Pleasant Visitor Center.

Core: Animals

What is the Maricopa Trail?

Date: 1/23/2015 **Time:** 2 p.m.

Description: Come find out more about this Maricopa Trail that surrounds Phoenix. Find out where you can access the trail and tips on how to hike it. How complete is the trail? Learn more planning tips for hiking on this very long trail. This talk will be at the Lake Pleasant Visitor Center.

Core: Health & Fitness



JANUARY PROGRAMS

Pleasant Paddlers Program - New Years Day Paddle of Coles Bay

Date: 1/1/2015 **Time:** 8 a.m.

Description: We will be paddling to and around Coles Bay looking for wild burros and other wildlife. This paddle is for hardy and experienced paddlers, because the distance is around 10 miles total. ***NO NEW PADDLERS PLEASE*** You must have your own paddle craft and gear. You must wear your life vest when on the water. Bring plenty of water and snacks, we will be stopping one or two times for breaks. Dress for the temperature and also take extra dry clothes in your dry bag. The paddle route may be changed if wind conditions are not ideal for safe passage. We will meet on the shoreline just north of the 4-lane boat ramp.

Core: Aquatics

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Desert Awareness - Desert Knowledge at Visitor Center

Date: 1/2/2015 **Time:** 2 p.m.

Description: Whether you are new or not to the desert you might want to take home a few tips. The Ranger will show and tell about a number of issues that might impact your visit to the desert.

Core: Outdoor Skills

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Get Fit with a Lake View Hike – Cottonwood Trail

Date: 1/3/2015 **Time:** 12 p.m.

Description: Come explore this fun trail with the ranger. From this trail we will most likely encounter wildlife, it is in a part of the park that few travel. We will meet at the North Pipeline Canyon Trailhead in the Cottonwood Day Use Area. We will be hiking the Cottonwood Trail. This hike is a moderate 2 miles out and back trip. Wear good hiking shoes, bring water and a snack. The ranger will see you at the trailhead for a scenic adventure!

Core: Health & Fitness

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Get Fit with a Lake View Hike - Yavapai Point Trail

Date: 1/9/2015 **Time:** 9 a.m.

Description: This is a great trail for both exercise and for a scenic view of the lake. From this trail we will see most of the lake and be going up a fairly good hill to see it. We will meet at the Cottonwood Day Use Area / North Pipeline Canyon Trailhead. We will be hiking the Yavapai Point Trail which is a moderate, one long

hill, three mile round trip. Wear good hiking shoes, bring water and a snack. The ranger will see you at the trailhead for a scenic fitness challenge!

Core: Health & Fitness

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"Fitness through Kayaking" Talk

Date: 1/9/2015 **Time:** 2 p.m.

Description: Come learn how this fun activity can be a great way toward fitness. This talk will be at the visitor center. The ranger will discuss the benefits of paddling a kayak, how to get yourself involved in this activity, equipment choices, and a few fun workout suggestions. It is a great way to cross train!

Core: Health & Fitness

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Fun with a Bow - Archery 101 9AM Class

Date: 1/10/2015 **Time:** 9 a.m.

Description: Sign Up Today! Learn to shoot recurve and compound bows. This 1.5 hour class is the first step in learning archery. Wear comfortable clothes, closed toe shoes and bring some cold water. All equipment is provided. Call (602) 372-7470 ext. 211, and leave name, phone number, and how many people wish to attend. Follow the "Archery 101" signs from the main contact station to the class.

Core: Outdoor Skills

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Fun with a Bow - Archery 101 11AM Class

Date: 1/10/2015 **Time:** 11 a.m.

Description: Sign Up Today! Learn to shoot recurve and compound bows. This 1.5 hour class is the first step in learning archery. Wear comfortable clothes, closed toe shoes and bring some cold water. All equipment is provided. Call (602) 372-7470 ext. 211, and leave name, phone number, and how many people wish to attend. Follow the "Archery 101" signs from the main contact station to the class.

Core: Outdoor Skills

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Get Fit with a Lake View Hike - Wild Burro Trail

Date: 1/16/2015 **Time:** 9 a.m.

Description: Stretch out your legs on this moderate hike. From this trail we will see the lake and maybe a few wild burros. We will meet at the South Pipeline Canyon Day Use Area and hike south on the Wild Burro Trail. This hike is a moderate four miles round trip. Wear good hiking shoes, bring water and a

snack. The ranger will see you at the trailhead for a scenic adventure!

Core: Health & Fitness

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Lake Pleasant and the Central Arizona Project Connection

Date: 1/16/2015 **Time:** 3 p.m.

Description: Come explore the history of water at Lake Pleasant. Lake Pleasant has seen many changes and it now plays an important role in the future water needs of Southern Arizona, through the Central Arizona Project connection. This ranger talk is inside the visitor center.

Core: Archaeology & History

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Get Fit with a Lake View Hike - Pipeline Canyon Trail

Date: 1/17/2015 **Time:** 9 a.m.

Description: Take a hike with the ranger on this scenic trail looking at this canyon and its nice views of the lake. This four mile moderate hike has a few hills for fitness building. We will take a break at the halfway point, so bring a snack. Wear good hiking shoes and carry water. There are bathrooms at both ends of the trail and water. We will meet at the south end of the Pipeline Canyon Trail.

Core: Health & Fitness

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Get Fit with a Lake View Hike - Roadrunner Trail Loop

Date: 1/23/2015 **Time:** 9 a.m.

Description: Join the ranger for a moderate hike on this scenic route. This hike is five miles with some hills. Wear good hiking shoes, bring water and a snack. We will be hiking around three hours / five miles. This hike will start at the visitor center parking area. There are restrooms and water at the trailhead and along some of the hike. Call the ranger if you have any questions about this hike, or just show up.

Core: Health & Fitness

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Pleasant Paddlers Program - Paul's Hideaway Paddle

Date: 1/29/2015 **Time:** 9 a.m.

Description: If you have a paddle craft, come join us as we explore the main bay and Paul's Hideaway Cove. You must wear a life vest when on the water during this tour. Bring water and a snack. There will be an optional two mile hike, so if you plan on joining the hike, bring proper shoes. Since we will be on the main bay, this paddle is not recommended for new paddlers, so NO NEW PADDLERS on this tour. We will launch from Fireman's Cove area, it is the cove before the 4-lane

LAKE PLEASANT REGIONAL PARK CALENDAR OF EVENTS

launch area

Core: Aquatics

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Get Fit with a Lake View Hike - Yavapai Point by way of S. Pipeline

Date: 1/30/2015 **Time:** 9 a.m.

Description: This is a great route for fitness and scenery! We will meet at the South Pipeline Canyon Trailhead and Day Use Area. We will be hiking the Yavapai Point Trail by way of South Pipeline Canyon Trail. This hike is a moderate five miles round trip, and there will be hills. Wear good hiking shoes, bring water and a snack. The ranger will see you at the trailhead for a scenic fitness hike!

Core: Health & Fitness

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Looking for Wild Burros on the Wild Burro Trail

Date: 1/30/2015 **Time:** 2 p.m.

Description: Come explore this scenic trail as we search for wildlife like the trail's name sake. This hike is a moderate three miles and we will hike around two hours. This hike meets at the South Pipeline Trailhead and Lake View Day Use Area.

Core: Animals

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Get Fit with a Lake View Hike (Series Finale) - Cottonwood and Yavapai Point Trails

Date: 1/31/2015 **Time:** 9 a.m.

Description: Come explore two fun trails with the ranger while burning those

calories. From these two trails we will most likely encounter wildlife and gain fantastic views of the lake. We will meet at the North Pipeline Canyon Trailhead and Cottonwood Day Use Area. We will be hiking the Cottonwood Trail and Yavapai Point Trail. This hike is a more difficult five miles round trip. Wear good hiking shoes, bring water and a snack for the look out stop. The ranger will see you at the trailhead for a scenic adventure!

Core: Health & Fitness

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History Short Walk with the Ranger – Visitor Center

Date: 1/31/2015 **Time:** 3 p.m.

Description: Come experience items of the desert with the ranger and learn about the history of Lake Pleasant. This slow walk is easy and informative. We will be walking less than an hour. Meets at the visitor center.

Core: Archaeology & History

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STAFF:

Park Supervisor: David Jordan

Interpretive Ranger: Terry Gerber

Admin. Staff: Chris Simpson, David Chatfield, Cheryl Kidd, Grady Van Popering, and Laura Jo Boyd

Park Maintenance: Gerald Miller, George Hichborn, Larry Beil, Jim Aphthorp, and Thomas Rychtik

Nav Aid Techs.: Kyle Randall and Charlie Sizer

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MESSAGE FROM THE PARK SUPERVISOR:

Thank you for your continued support and interest in Lake Pleasant Regional Park. We realize that you have a choice when it comes to selecting recreation venues and appreciate your business!

David Jordan

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WHAT TO BRING:

Please wear sturdy shoes (closed-toe), dress appropriately for the weather and bring more water than you think you will need. See descriptions for specifics.

Notes: Fees for guided hikes and programs are included in the park entry fee of \$6 per vehicle or with your annual pass. Reservations are not required unless specified in the program description. Hikes/programs are canceled if heavy inclement weather is imminent. If possible, canceled hikes will be posted on the website –

www.maricopa.gov/parks

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